

# The Coast Guard *RESERVIST*



April 1991

Serving the Reserve Community

Volume XXXVIII, No. 3

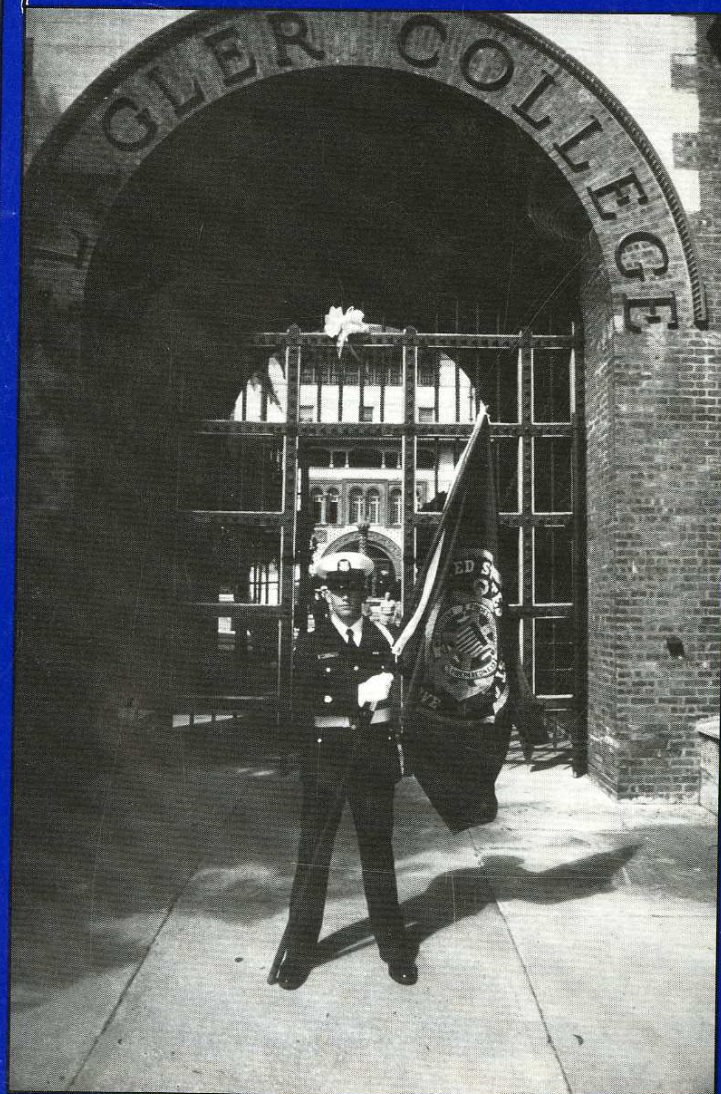
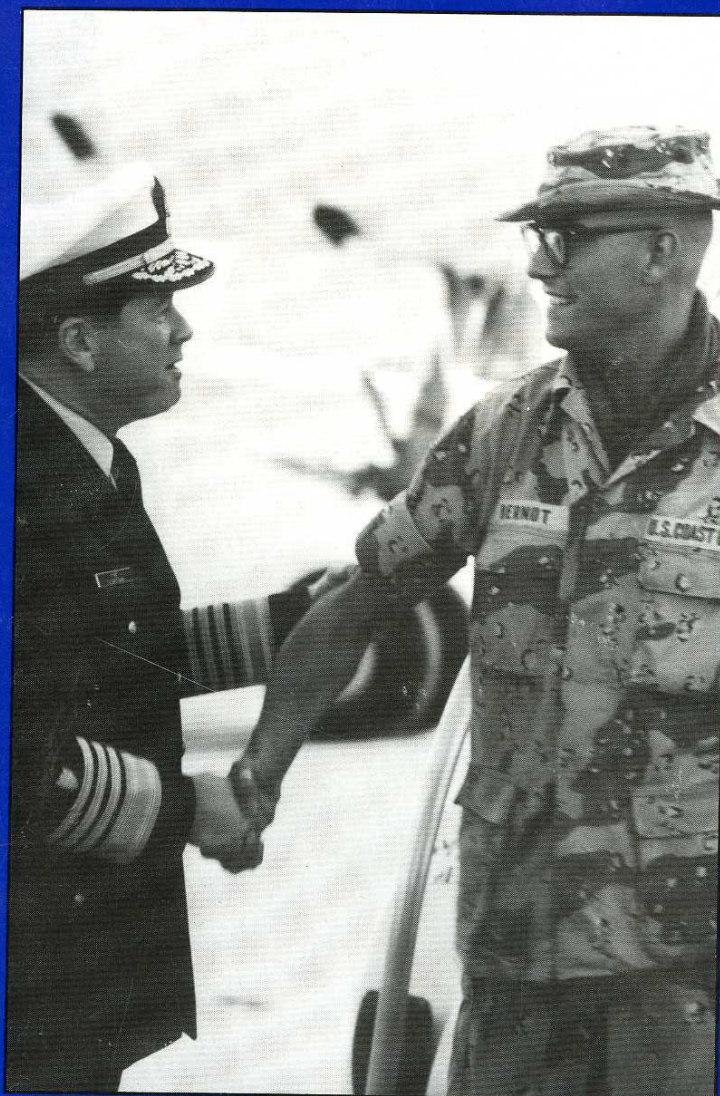
Our 50th Year

## The Celebration Begins!

*First PSUs  
arrive home  
from the  
Persian Gulf...*



*...while  
St. Augustine  
celebrates  
our 50th*







## A View from the Bridge

By RADM John N. Faigle



Chief, Office of Readiness & Reserve

**P**resident George Bush and Stephen M. Duncan, Assistant Secretary of Defense, sent me letters in February congratulating the Coast Guard Reserve on its 50th Anniversary.

I wanted to share both of these letters with you. I believe they express the way all Coast Guard Reservists and all Americans everywhere feel about our organization.

Again, my hat is off to all CG Reservists everywhere during this Golden Anniversary year, especially those who have served and are serving half way around the world in the Persian Gulf.



*The White House*  
Washington

February 14, 1991

On behalf of all Americans, I am delighted to congratulate the members of the United States Coast Guard Reserve as they celebrate 50 years of service to our Nation.

For half a century, the men and women of the Coast Guard Reserve have made vital contributions to our national security and to the safety of our navigable waters. Their day-to-day work — including drug interdiction efforts, merchant vessel inspections, and boating safety programs — is crucial to the overall success of the U.S. Coast Guard. Ever watchful, ever ready to help protect the lives of their fellow citizens, Coast Guard Reservists have also responded ably to crises ranging from national emergencies to boating accidents and natural disasters.

In peace and in times of crisis, Coast Guard Reservists have answered the call to duty with exemplary courage and professionalism. Today, hundreds of these dedicated men and women are providing invaluable support to Operation Desert Storm, and all of us can be grateful for their efforts.

Whether serving as part of mobile Port Security Units in the Persian Gulf or patrolling waters closer to home, Coast Guard Reservists maintain a long and honorable tradition of service. I salute them for all that they have done and continue to do for our country.

*George Bush*



ASSISTANT SECRETARY OF DEFENSE  
Washington, D.C. 20301

February 19, 1991

Dear Admiral Faigle:

Today marks a very special day in the history of our great nation. Fifty years ago today the United States Coast Guard Reserve was founded. Since that day the men and women of the Coast Guard Reserve have distinguished themselves and honored the nation they have served. From the landing beaches of World War II to the coastal waters of the Persian Gulf, the Coast Guard Reserve has served our country well and faithfully.

On the occasion of your 50th birthday, I extend to you and all the members of the Coast Guard Reserve my deepest appreciation for your splendid service to our country. Semper Paratus!

Sincerely,

*Stephen M. Duncan*

Stephen M. Duncan





## Your Turn...

### Proud of Coast Guard Reserve

I have just read *The Coast Guard Reservist*, January issue, and I would like to say how proud I am that my son, Patrick T. Kerrigan, is a member of your service.

He enlisted in the U.S. Navy in 1970, and spent four years on a submarine followed by two years in the Navy Reserve. Then, he entered the Army Reserve and served about six years.

For the past eight years, he has been in the Coast Guard Reserve here in Chicago — and he finally found an outfit that he really likes.

He has been in the [Persian] Gulf since the middle of November, and is proud of the job that his unit is doing over there.

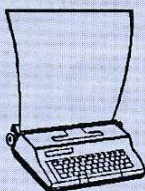
My wife and I were so happy to get a personal call from a Coast Guard officer telling us that we were invited as parents of Pat to the Coast Guard Ball on March 2 [in Chicago]. You can bet your life that we accepted. We pray that this war will be over soon, and they will all be home soon. God bless you all.

— George J. Kerrigan  
Chicago

### On the cover

★ **Left:** ADM J. William Kime, Commandant of the U.S. Coast Guard, greets QM3 William I. Berndt of PSU 303 (Milwaukee) at Andrews Air Force Base March 10. Berndt was one of 15 who arrived at Andrews after serving six months in the Persian Gulf. Homecoming stories begin on Page 4. Photo by PA2 Dave Santos, CG Photo Team.

★ **Right:** BM3 Christopher J. Kiesel of RU Port Canaveral stands with the new CG Reserve flag under the entrance to Flagler College in St. Augustine, Fla., considered the birthplace of the CGR. The first major event of our 50th Anniversary was held in St. Augustine in mid-February. "It's a Golden Jubilee" begins on Page 8. Photo by PA2 Alastair Worden, D7(dpa).



## Editor's Turn... The Celebration Begins!

Two major events have occurred since our last issue — the end of the Persian Gulf War and the beginning of our Golden Anniversary year. We felt both are cause for celebration! The end of the Persian Gulf War meant that some Coast Guard personnel would be returning to the United States. So, *The Reservist* was at an Andrews Air Force Base the morning of March 10 when the first 15 members of PSU303 from Milwaukee touched down on American soil. That story begins on Page 4. Earlier, in mid-February, the first major event of our 50th Anniversary year was held at St. Augustine, Fla., considered by many to be the birthplace of the Coast Guard Reserve. It was quite a celebration in America's oldest city with a muster at Castillo de San Marcos, parade and military ball to name just a few of the gala events. See Page 8 for "It's a Golden Jubilee!"

Also in this issue, we bring you a PSU replacement training story from Camp Blanding in Florida on Page 11. We hope the second in our series on retirement by LT Kim Pickens is helpful to you in figuring your retirement points. The Commandant's Vision statement is on the back cover. Please read it and reflect on it — how are you helping to do your part in reaching this goal? Our other regular columns are all intact and awaiting your inspection with the exception of Officers' Call which will return next issue.

Please call us if you have questions or concerns, or write us. We'll do our best to help. In the meantime, let the celebration begin! — Ed Kruska

### The Coast Guard **RESERVIST**

is published by the Commandant of the USCG.

ADM J. William Kime  
Commandant, U.S. Coast Guard

RADM John N. Faigle  
Chief, Office of Readiness & Reserve

J. Donald Cotter  
Chief, Reserve Staff

LCDR L.M. Farrell  
Chief, External Affairs Branch

PA2 Edward J. Kruska  
Editor, *The Reservist*

PA2 Steven E. Blando  
Staff writer

The editorial content of this magazine is for information only and is not authority for official action. Views and opinions expressed are not necessarily those of the Department of Transportation or the U.S. Coast Guard. Inquiries and submissions should be addressed to:

Commandant (G-RS-1), USCG HQ,  
2100 Second St. S.W.  
Washington, D.C. 20593-0001  
Phone: (202) 267-1991 FAX: (202) 267-4553  
E-Mail Address: Reservist/G-R  
CBEE: (202) 267-4644

Due to the quantity of submissions and photos we receive, we are not able to return them unless specifically requested. *The Coast Guard Reservist* is produced on a Macintosh IIfx using Quark Express 3.0. During FY91, it is being printed by IPI Graphics of Upper Marlboro, Md. Address changes should be submitted through your District(r). COMDTPUB P1001.29.



**QUESTION?**  
Call the USCG Hotline

1-800-283-USCG

### Correction

Our pay chart in the January 1991 issue, Page 19, contained an error under O4 between the 12 and 14-year pay rate. The 12-year pay rate ran \$111.51 and should have been \$106.64 while the 14-year single drill pay rate ran \$106.64 and should have been \$111.51. We're sorry for any inconvenience it may have caused you.

### From here on . . .

THE CELEBRATION BEGINS!.....4

- \* First PSUs return from Gulf.....4
- \* There's no place like home!.....6
- \* Homecoming for our heroes.....7
- \* It's a Golden Jubilee!.....8
- \* Birthplace of the CGR.....10

Camp Blanding: No summer camp.11  
Coast to Coast Reserve.....12  
First Call...to Quarters.....16  
Nationwide TEMAC Listings.....17  
RETIREMENT: Figuring points.....18  
Fit for Duty — Fit for Life.....21  
Tip o' the Hat.....22  
Golden Anniversary news.....23  
Commandant's Vision Statement...24



# The Celebration Begins!

## First PSU personnel return to fast food and side order of prayer

By Frank A. Aukofer, The Milwaukee Journal,  
Reprinted with permission, March 11, 1991 edition

CAMP SPRINGS, Md. — Whether by coincidence or divine plan, the homecoming for members of a Milwaukee Coast Guard unit was a prayer service in a Hardee's restaurant.

It may have been upstaged some by the return of the prisoners of war a few hours later at nearby Andrews Air Force Base, just outside Washington. But for the 15 members of the Port Security Unit 303, newly arrived from duty in the Persian Gulf War, it was a moving experience Sunday morning [March 10] as they bowed their heads over their biscuits, eggs and sausage and listened to Elder Willie Bannister of the Living Praise Christian Assembly Church pray over them.

He called them heroes and thanked God that they were able to come home and see the bright sunshine of a Sunday morning in the United States.

"Bless them and keep them, Lord," Bannister prayed. "They are the victorious and not the victims."

Bannister was convinced that the Lord had led him and the Rev. James Wright, another minister

from his nearby church to the restaurant. He said they saw the troops getting off their bus, so they stopped at the Hardee's, across Allentown Road from Andrews Air Force Base. They found the 15 members PSU303, still wearing their camouflage desert uniforms, ordering their first real American breakfast since they went to Saudi Arabia on

Sept. 18.

After chatting individually with some of the troops, Bannister and Wright conducted an impromptu prayer service to thank God for their safe return. Bannister even added prayers for President Bush and Iraqi President Saddam Hussein.

The 15 members of PSU303, all but one a male, had arrived at Andrews aboard a World Airways chartered DC-10 from Bahrain via Sicily and Shannon, Ireland. The route was particularly meaningful for PSC Dan O'Toole of Germantown, Wis. His wife is of Sicilian extraction and all of his grandparents came from Ireland, he said.

They were greeted at Andrews by ADM J.W. Kime, Commandant of the Coast Guard, RADM John N. Faigle, Chief, Office of Readiness and Reserve, MCPO-CG Jay

Lloyd and CAPT James G. Goode, Chaplain of the Coast Guard.

### Heading to Governors Island

At Andrews, they boarded a chartered bus for a five-hour ride to Governors Island, N.Y., where they were to undergo military processing before returning home. Everybody was hungry, so they stopped at the first fast-food restaurant they found.

Their volunteer escort, LT Douglas Almskog, a reservist from Brooklyn, N.Y., kidded that it was like taking care of a prisoner

detail. "You have to keep an eye on them," he said. Then he paid for all the breakfasts out of his own pocket and said, "Don't tell my wife, please."

LT George Kantz of Marshfield, Wis., the senior officer, said the Coast Guard had ordered the group assembled to go home first as representatives of all of the port security



Photo by PA2 E.J. Kruska, G-RS-1

*The first 15 PSU303 members to return to the U.S.A. pause at Andrews Air Force Base March 10 following their World Airways flight from Saudi Arabia. Kneeling from left: SK2 Mary Fowlkes, PS3 Dan Calaway, MKC James Hagler, PS3 Duane Vanderputten and PSC Dan O'Toole. Standing from left: BM2 Joe Gosh, PSC Henry Kohnert, LT George Kantz, PS1 Gerald Griner, RM1 Terry Vore, MK3 Fred Gehrke, MK2 Randy Nietzer, MK3 Isael Lemus, BM3 William Berndt (standing behind Lemus), and SS3 Tom Kotz.*



# The Celebration Begins!



units deployed in the Gulf. The other 93 members of the Milwaukee-based PSU303, the first Coast Guard Reserve unit activated in 50 years, will return home later, he said. (See bottom of Page 7)

"How does it feel?" Kantz said. "I thought about supercalifragilisticexpialidocious. I always wondered if I'd ever feel that way, and this it is."

Kantz was the only member of the group to have family on hand to greet him. His sister, Janet Costanzo, drove down from Bel Air, Md., with her husband Mike, and their daughter, Mindy.

SK2 Mary Fowlkes, a schoolteacher from Milwaukee, said she was one of only five women in the unit.

"The guys were great," she said. "It was like one big family. They were supportive of me and the other women. I think it was an excellent experience. It was something you'd never get an opportunity to do otherwise. It helps you grow as a person."

## Different from Vietnam

The Milwaukee unit had been stationed at the port of Dammam on the Persian Gulf, not far from the Saudi air base at Dhahran, one of the main staging areas for the war. Coast Guard units in the Gulf were responsible for patrolling ports and the waters around naval ships.

Several members of the group said their most exciting experiences in Saudi Arabia came during the Iraqi Scud missile attacks directed toward their area.

SS3 Thomas Kotz of Bristol, Wis. — he's a cook but worked as a gunner on one of the unit's Raider patrol boats — said a big piece of a Scud that had been blown up by a Patriot missile fell on the building where 303rd members ate their meals.

RM1 Terry Vore of Milwaukee, was one of those who relayed the warnings of the Scud missile attacks. A Vietnam veteran, he said the war in the Gulf was more frightening.

"This was totally different," he said. "In Vietnam, we didn't have the missiles coming in at unknown times and the potential of chemical and biological warfare. It was just more traumatic. The biggest fear was you didn't know what was being hurled at you."

PSC Henry Kohnert of Winneconne, Wis., a retired Milwaukee police officer and a Korean War veteran, said one of the most memorable things about the war was the

support of the American people, especially the mail sent to the troops by strangers.

He said he had received a package from a 14-year-old girl that was full of cookies, candy, sausages and other items from home that had cost her \$18 in postage alone.

"It wasn't like that in Korea," Kohnert said. "This was altogether different. We knew the people were behind us."

PSC Kohnert, who said he was "the old man of the group," said if it was needed and he had to choose, he'd go again. "It was not a game," he said. "We were trained for exactly what we did and we did it."

For PS3 Duane Vanderputten of Appleton, Wis., the war brought an appreciation of family, especially his wife, Hollie. He works with his dad, Clarence "Butch" Vanderputten, in a 24-hour towing business.

"It was the things I took for granted, like seeing my father on a day-to-day basis," said PS3 Vanderputten.

MKC Jim Hagler, who described himself as a "city dude" from Milwaukee, carried a cardboard logo from Briggs & Stratton, where he works as an

engineering specialist. The whole time in the Gulf, he had the logo tacked up over his bunk. A former Marine, Hagler said he never thought he'd

see action in the Coast Guard.

"It was a new experience," the Milwaukee man said. "I'm a little wiser, I think we rewrote the book on a lot of things. Would I do it again? Nooooo."

QM3 William J. Berndt of Milwaukee was one of the standouts of the group, if only because of the ring on his right thumb, his shaved head and six feet, eight inch height. He said he shaved his head so he could feel more like a combat soldier going into war.

Like others, he said the Scud missile attacks had been sobering because "you could be pieces or sucking gas." But he said the duty had been a good life experience.

"Nobody died and nobody had to kill anybody," he said of PSU303. "The war brought everybody closer together, and I think maybe we did our little part to bring the world together."

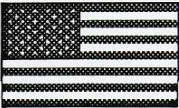


Photo by PA2 E.J. Kruska, G-RS-1

**Left to right: MK2 Randy Nietzer, PS3 Dan Calaway and MKC James Hagler chat with Frank Aukofer of The Milwaukee Journal, front left, following their landing at Andrews AFB March 10.**







## The Celebration Begins!

### PSUs on being back in the U.S.A.

# There's no place like home!

By PA2 Edward J. Kruska, G-RS-1

ANDREWS AIR FORCE BASE, Md. — When the first 15 members of PSU 303 (Milwaukee) returned to the U.S. via Andrews Air Force Base March 10, they were greeted by ADM J.W. Kime, Commandant of the Coast Guard, RADM J.N. Faigle, Chief, Office of Readiness and Reserve, Master Chief Petty Officer of the Coast Guard R. Jay Lloyd, CAPT James G. Goode, Chaplain of the Coast Guard, CDR Thomas M. Kulick and CDR Percy O. Norwood, both of G-RST.

After the initial greeting, the PSU members boarded a bus for Governor's Island, N.Y. But before they hit the road, they stopped at Hardee's Restaurant across from Andrews. *The Reservist* followed them there and we asked them, "How does it feel to be back in the United States?" Here are some of their responses:

★ LT George Kantz, 46, Marshfield, Wis. — "The best word I can give you is supercalifragilisticexpialidocious. Really, I never thought I'd feel that way, but that's it. That word does it all. I guess, now that it's over, well, this is fantastic seeing my sister here [Janet Costanzo from Bel Air, Md.]. This is just really great. It's great to be back in the best country in the world and great to be back home and see family. And pride. Pride at being part of what happened over there and being called up to do what we were trained to do and being part of this unit because these guys are super."

★ PSC Daniel F. O'Toole, 50, Germantown, Wis. — "It feels fantastic to be back. Except for the day I got married, this is probably the biggest day of my life, and I mean that in all seriousness."

★ PS3 Duane T. Vanderputten, 25, Appleton, Wis. — "It's just a joy to be back. We're glad we had the Commandant [ADM Kime] here to greet us back. Everybody's been real, I don't know how you put it, patriotic. We really appreciate the full support of the American people."

★ PSC Henry Kohnert, 56, Winneconne, Wis. — "I'm very happy that we're home and I think we did an A1 job while we were there. I just hope the walleyes and white bass haven't started to run yet!"

★ MK3 Isael L. Lemus, 37, East Chicago, Ind. — "Great, what can I say, it feels great! I don't know if they [his family] know yet that I'm here, but as soon as I get to New York [Governors Island], I'll call them up and let

them know that I'm back and I'm safe."

★ MKC James F. Hagler, 48, Milwaukee — "It feels good to be home. I'm safe, alive, I thank God for that and in a way, I can't believe it."

★ BM2 Joe N. Gosh, 52, New Berlin, Wis. — "There's no better feeling. We all hope the balance of our unit gets back here very shortly so we can all go home [to Milwaukee] together as a unit and feel the jubilation and the celebration."

★ QM3 William I. Berndt, 25, Milwaukee — "It almost feels like the way when I first got there [Saudi Arabia]. It's almost surreal. It's not real yet. No, I didn't kiss the ground when I got home, but I did kiss the stewardess."

★ SS3 Tom Kotz, 21, Bristol, Wis. — "I think it's great to be back. I love the welcome. Everybody seems so nice."

★ MK2 Randy J. Nietzer, 28, Gresham, Wis. — "It's good to be home, but it'll be better when the rest of the unit comes in and we head to our final destination which is Milwaukee."

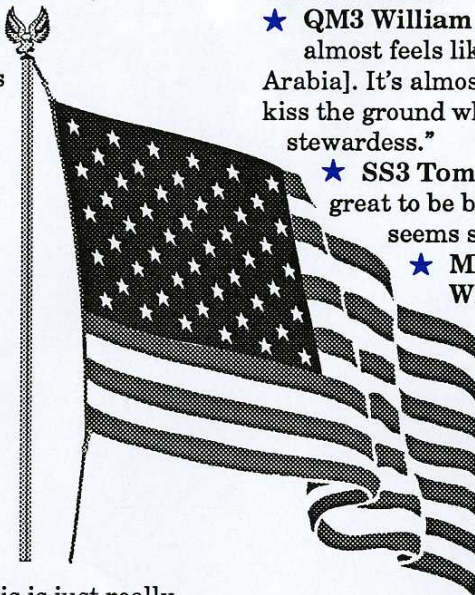
★ PS3 Dan Calaway, 25, Milwaukee — "It feels great to be back, it really does. The temperature is excellent, it's not cold out there, and it smells great. It's just great to be in the States. It's great to see trees. You can smell pine needles out there."

★ SK2 Mary C. Fowlkes, 37, Milwaukee — "It feels really good being back. I think our unit did an outstanding job. We went in there, we did the job, it's over and we're really happy to come back. We are really happy with the support we got not only from Milwaukee and the State of Wisconsin, but from the whole country. That really helped to sustain us through the long period of time that we were there. We're very, very grateful that we're back here and we're looking forward to the rest of our unit members joining us. We're looking forward to getting on with our lives."

★ MK3 Fred W. Gehrke, 36, Owen, Wis. — "It feels great to be here. You don't realize how much freedom you have until you go overseas. It's great to be home."

★ PS1 Gerald A. Griner, 31, Bolingbrook, Ill. — "When we landed this morning [March 10], the whole plane went nuts. It was incredible. I'm just happy to be home."

Despite our best effort to interview everyone, RM1 Terry Vore, 43, of Milwaukee somehow managed to allude us. Sorry, Terry. But, maybe LT Kantz said it best for him and everyone when he said, "the best word I can give you is supercalifragilisticexpialidocious!"





# The Celebration Begins!



## Homecoming for our heroes...



Photo by PA2 E.J. Kruska, G-RS-1

**Approximately five hours after the 15 members of PSU303 touched down March 10 at Andrews Air Force Base, American servicemen and women taken as prisoners of war during the Persian Gulf War, returned to Andrews as thousands of onlookers cheered. Here, a military color guard comprised of all the services symbolizes the joint effort that led to victory in the Persian Gulf. Marching left to right behind the American flag are the ensigns of the U.S. Army, U.S. Marine Corps, U.S. Navy, U.S. Air Force and the U.S. Coast Guard. The CG ensign was paraded by SN Jeff Shanafelt of ISC Alexandria.**



Photo by PA1 Bill Stone, LANT Area Public Affairs

**As PSU 303 members unload at Governors Island, N.Y., they render salutes to the welcoming party.**



Photo by PA1 Bill Stone, LANT Area Public Affairs

**SS3 Thomas Kotz of Bristol, Wis. and PSU303, is greeted by his mother on Governors Island.**

## Rest of PSUs 303 and 301 follow closely behind first 15 to arrive

GOVERNORS ISLAND, N.Y. — The first 15 members of PSU303 who arrived here March 10 weren't alone long. On March 13, the rest of the Milwaukee unit flew into McGuire Air Force Base in New Jersey and joined them on Governors Island. The entire unit departed for and arrived in Milwaukee March 15.



The first members of PSU301 from Buffalo also arrived back in the United States via McGuire AFB March 13. The remaining members of the Buffalo PSU arrived back early the following week. At the time of this writing, there had been no word when PSU302 from Cleveland would have their homecoming.

Both PSU301 and 303 were replaced by units in the Persian Gulf that had been undergoing replacement training at Camp Blanding in Florida since January. For a story on replacement training, see Page 11.







# It's a Golden Jubilee!

## St. Augustine site of first major event of CGR 50th Anniversary

Story and photos by PA2 Alastair J. Worden, D7(dpa)

ST. AUGUSTINE, Fla. — On the weekend of Feb. 16 and 17, the Coast Guard Reserve celebrated its 50th Anniversary in this northeastern Florida city, considered by many to be the birthplace of the CGR.

In conjunction with a 7th District Reserve conference on Friday and Saturday, the occasion was marked by a military ball, a muster and parade, and the presentation of a Coast Guard art exhibition at Flagler College, formerly the Ponce de Leon hotel, first home of the Reserve. The Coast Guard created a training station there in 1941 as the nation mobilized for war.

The festivities included gun salutes, martial music,

flag waving, a naval review and fly-over, and a great deal of obvious patriotic pride on the part of the participants as well as the thousands of spectators.

It was RADM James Lipscomb III, USCGR(Ret.), CAPT William H. Maddox, Jr., and CAPT John Carland who first proposed marking the Reserve's 50th Anniversary in St. Augustine. A similar celebration for the 25th Anniversary in 1966 was also held there.

### Reserve conference and military ball

The 7th District Reserve conference brought all 7th District Reserve group commanders, deputies, unit commanding officers and station keepers together with the district staff to candidly discuss issues with RADM Robert A. Kramek, Commander, 7th District, RADM John N. Faigle, Chief, Office of Readiness and Reserve, and RADM Fred S. Golove, Sr. Reserve Officer, LANT Area.



*Coast Guard Reserve platoons from Reserve Group Jacksonville, RU Port Canaveral, 7th District Reserve units and Desert Storm Port Security Force Trainees from Camp Blanding stand at attention as*

*the Colors are presented inside Castillo de San Marcos. This muster was one of many events at the 50th Anniversary Golden Jubilee in St. Augustine the weekend of Feb. 16-17.*





## Parade Time in St. Augustine...

The military ball was held Saturday night, Feb. 16 at the new Ponce de Leon Hotel and Conference Center. RADM James A. Lipscomb III, USCGR(Ret.), presided over the gathering of over 200 guests.

The ball was an inclusive "all hands" affair attended by Flag and general officers, active, Reserve, retired, Auxiliary members and their families, former SPARS and a young man like SA David D. Witt, only a little more than a month out of recruit training, and his escort in attendance, exemplifying the family nature of the Coast Guard Reserve. The district commander, RADM Robert Kramek, was the featured speaker at the dinner and ended his remarks with a salute and toast to the Coast Guard Reserve.

### Muster at Castillo de San Marcos

The muster the following day was at the old fort, Castillo de San Marcos, where 50 years earlier the first reservists had drilled, graduated and been commissioned. The district commander was greeted with ruffles, flourishes, and gun salutes. Over 1,000 spectators lined the battlements of the old fort while nearly 500 CG Reservists from Florida, Georgia, South Carolina, Puerto Rico and the Virgin Islands had formed up in the courtyard.

The 13th Army Band from the Florida National Guard debuted the new Coast Guard Reserve march composed by LCDR Lewis Buckley, director of the Coast Guard Band as a new Reserve flag was unfurled. Both the march and the design on the flag were commissioned by RADM John N. Faigle to commemorate the 50th Anniversary.

Coast Guard patrol boats passed in review in the nearby channel while Dolphin, Falcon and Hercules aircraft from air stations in Savannah, Miami and Clearwater flew over the cheering crowd in salute.

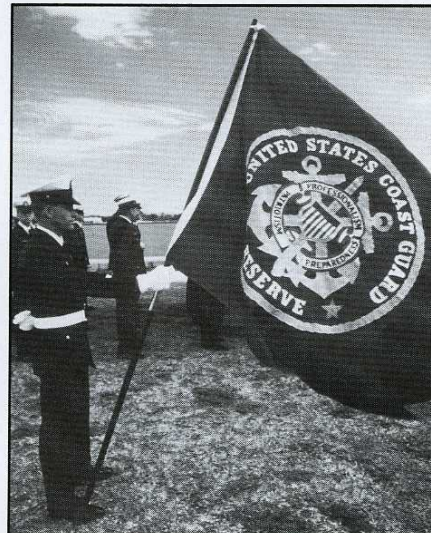
After the Mayor of St. Augustine, the Honorable Tracy W. Upchurch, proclaimed the historic city gates open to the Coast Guard Reserve and RADM Kramek wished the Reserve a happy birthday, the Coast Guard ceremonial honor guard's precision drill team performed a breathtaking 20-minute silent routine. The large audience watched in awe during their flawless performance which marked an end to the formal ceremony.

### History comes full circle

Parade Grand Marshal RADM Fred Golove then led the formation through a cordon of waving flags from the old fort through the streets of the nation's oldest city to Flagler College. There he presented a commemorative plaque to the school president, Dr. William L. Proctor,



*The Coast Guard Honor Guard marches down the main street of St. Augustine during the parade which started at the Castillo de San Marcos and ended at Flagler College.*



*BM3 C.J. Kiesel, of RU Port Canaveral, stands with the new Coast Guard Reserve flag outside the old fort, Castillo de San Marcos in St. Augustine. It was unfurled as the new Coast Guard Reserve march was debuted by the 13th Army Band, Florida National Guard.*

who also accepted for exhibition during the Golden Jubilee year, the Coast Guard Bicentennial Art Collection in recognition of the school's unique role in the Reserve's history.

Throughout the weekend, the participants were reminded how history had come full circle. As in 1941, only a few miles from St. Augustine at Camp Blanding, hundreds of Coast Guard Reservists were preparing to deploy to another war on another distant shore half a world away to again answer their country's call to duty.



***St. Augustine: Birthplace of the CGR, see next page***





## The Celebration Begins!

St. Augustine is considered by many to be the...

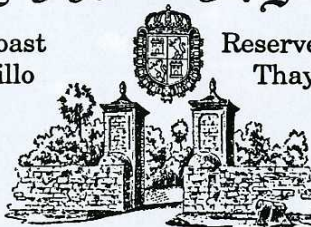
# Birthplace of the CGR

**S**t. Augustine is arguably the birthplace of the Coast Guard Reserve. One of the first classes to graduate from an Officer Indoctrination School at St. Augustine did so in May 1941. The Coast Guard training station at St. Augustine was in the old Ponce de Leon Hotel which is today Flagler College.

These students, the first officers of the Coast Guard Reserve, were commissioned in Castillo de San Marcos (the old fort). Their training was centered in the Hotel Bennett, since demolished to provide a parking lot for the old fort. Later classes graduated enlisted reservists from Gunners Mate and other schools at the training station.

Among the instructors at the original Officer Indoctrination School was a junior officer named Louis M. Thayer. Almost 20 years later, in 1959, he became


## City of Saint Augustine



the first commanding officer of the Coast Guard Reserve Training Center at Yorktown, Va. In 1963, he became the first Flag officer to head the Office of Reserve (G-R) at Headquarters. In 1966, as

Commander, 7th District, RADM Thayer presided over the Silver Jubilee of the Coast Guard

Reserve in St. Augustine. Eventually, RADM Thayer retired in St. Augustine. He passed away Aug. 9, 1989 and will be memorialized this May with the dedication of Thayer Hall at RTC Yorktown (See box below). His daughter and her husband, Judge Frank D.

Upchurch, a trustee of Flagler College, will be the honored guests of the CG Reserve. Their nephew, the Honorable Tracy W. Upchurch, is the Mayor of the City of St. Augustine. 



Official U.S. Coast Guard photo

*RADM Louis M. Thayer was an instructor at the original Officer Indoctrination School in St. Augustine. He became first CO of RTC Yorktown in 1959 and was also the first Chief of G-R, 1963-1965.*

*St. Augustine, is located in northeastern Florida on the Atlantic Ocean, about 40 miles south of Jacksonville. As the seat of St. Johns county, it has a population of about 12,000. In addition to being considered the birthplace of the CGR, it is also America's oldest city, established in 1565 by Don Pedro Menendez de Aviles, captain of the Spanish fleet. Castillo de San Marcos is one of the many relics of the city's past. The first Reserve officers drilled, graduated and were commissioned at the old fort in St. Augustine.*

## Thayer Hall dedication scheduled for RTC Yorktown reunion weekend

The second RTC Yorktown reunion is scheduled for May 3-5, 1991. Of the many events planned, one will be the dedication of Thayer Hall May 3 at 3 p.m.

Other events include a "get re-acquainted" social evening/buffet dinner, tours of RTC Yorktown, bus trips to Colonial Williamsburg, a Reunion Dinner [theme: CGR 50th Anniversary with speaker CAPT Walter K. Handy, USCGR(Ret.)] and the "Fabulous Brunch" on Sunday, May 5. The CGC EAGLE will also be at RTC Yorktown that weekend.

For more information, contact: CAPT Tom Travers, USCGR(Ret.), 998 Ridgewood Lane, West Chester, PA 19382.

More Golden Anniversary news, Page 23



# Camp Blanding: *It's no summer camp in Florida*

By PA2 Lionel Bryant, LANT Area Public Affairs

*Editor's Note: From early January through late March, PSU replacement training was going full tilt at Camp Blanding, Fla., southwest of Jacksonville. The training came to a close in late March, with two of the three newly-trained PSUs (301 and 303) deploying to Saudi Arabia, taking the place of the original PSU301 and 303 deployed last fall. As the final replacement unit (302) completed its training March 27, it was determined they would not be deployed. The following is an account of the training at Camp Blanding.*

CAMP BLANDING, Fla. — In one section of this Florida National Guard post, a group of camouflaged-clad Coast Guard Reservists march through the sifting sand. In another section, boats with mounted 50-caliber machine guns speed across the choppy water of a lake to engage a practice target. And in yet another section, the officers hone their skills at command, control, and communications.

These men and women are the personnel being trained for port security duties. Upon completion of this training, they will relieve their fellow reservists

serving in the Persian Gulf. Yet, unlike the units already deployed, these reservists come from various units throughout the country. Camp Blanding is where they are expected to jell together into functional teams.

This post, located in northern Florida, was the site of the largest boot camp during World War II. Over a million soldiers came through the gates here.

On Jan. 2, some 47 years later, Camp Blanding became home for the Port Security Training Detachment (PSU TRADET) when the CG arrived to conduct a large scale training program. Of the 35 TRADET instructors,

30 are from RTC Yorktown. Most are small arms and port security instructors. The majority of the instructors are active duty Coast Guard personnel.

## Six intense weeks but "pumped up"

The three groups of students are in different phases of their training. All will go through six weeks of intense work to hone their skills. Included in their schedule is weapons training, boat handling and command and control.

According to LCDR Ed Morris, PSU TRADET training officer, training goes on six days a week.

"Sometimes we work 18-hour days," he said. "With the intensity of this training, the staff gets a little frayed, but the students and instructors continue on

course and on time," he continued.

How do the students feel about it all?

"I was surprised by the call up," recalled student PS3 Roy S. Reprsky of Houston. "But I feel that this is an advancement for the Coast Guard Reserve. It's good training and I feel that we are ready for this mission."

Of course, Camp Blanding, an expansive wooded reservation broken by lakes and bogs, offers

more than just training. Scorpions, snakes and a 'resident' alligator or two also keep the students and instructors alert. Not to be forgotten are the mounds packed with fire ants and woods populated by wild boar. Swirling sand plays havoc on eyes and equipment, but these women and men stand tall and learn to adapt to their new environment.

"Whether it's the training or leadership," observed LCDR Morris, "I've never seen a unit so pumped up before. It is to a point that I think they would be disappointed if they're not deployed."



Photo courtesy of Office of MCPO-CG

*ADM J. W. Kime, Commandant, USCG visited Camp Blanding in late February while PSU Replacement Training was underway. From left to right: LCDR Ed Morris, PSU TRADET training officer; MSTCS Robert Hildebrand, assistant training officer, MCPO-CG Jay Lloyd, ADM J.W. Kime, Commandant, USCG; CDR Marc Jorgensen, PSU TRADET supervisor and LCDR M.A. Weeks, port security training officer.*





## 1st District



### CG makes Gary Whittington Honorary Petty Officer

Submitted by PS1 Gerald R. LaPointe, Sr., RU Base SW Harbor

WINTER HARBOR, Maine — On July 28, 1989, Gary Whittington II, was on board his grandfather's boat in Winter Harbor, Maine, along with his mother, Valarie, and his father, Skip Moulton. A fire occurred and all on board sustained burn injuries. Gary was the most severely injured and spent several months at the Shriners Burn Center in Massachusetts recovering.

During Gary's recovery, he never became a quitter and remained strong in his determination to bounce back to where he was before the accident. To help Gary maintain his morale, PS1 Gerald R. LaPointe, Sr. of RU Base Southwest Harbor, Maine, contacted CG Officials at 1st District Headquarters in Boston and CG Headquarters in Washington, D.C. to have Gary sworn in to the Coast Guard as an Honorary Petty Officer.

The request was approved and the order to do so was signed by ADM Paul Yost, then Commandant of the Coast Guard. Arrangements were made for Gary and his mother to attend the CG celebration days in Boothbay Harbor, Maine. The ceremony was set to take place aboard the BARQUE EAGLE, the CG Academy's training ship. RADM Richard I. Rybacki, Commander of the 1st CG District, presented Gary with his proclamation and was assisted by PS1 LaPointe and MKC John Nichols.

Gary was made an Honorary Coxswain by the Boothbay Harbor CG Station boat crew after mastering the



Photo submitted by PS1 Gerald R. LaPointe, Sr., RU Base SW Harbor, Maine

*RADM Richard I. Rybacki, Commander, 1st District, far left, looks on as PS1 Gerald LaPointe, second from left, and MKC John Nichols, far right, pin on Gary Whittington's Petty Officer Third Class chevrons. Gary was made an Honorary Petty Officer due to his "grit and determination to not give up" after a boat fire left him in serious condition.*

handling of a 41-foot patrol boat. And, the crew at Southwest Harbor Base and Rockland Station have adopted Gary as a member of their station, thus leaving the door open for him to visit at any time.

Everyone was touched by Gary because of his grit and determination to push on and not sit down and give up. It caused a lot of people to think that perhaps they were not as bad off as they had thought and could overcome their problems with a little determination and effort on their part.



### Reservists staff new Governors Island CG recruiting office

By PA2 Robert Laura  
GOVERNORS ISLAND, N.Y. A new Coast Guard Recruiting Office, staffed entirely by reservists, opened recently on Governors Island.

Reservist FSCM Fred Reich, responsible for all Reserve recruiters in the New York metropolitan area, is also in charge of the new office. Reserve recruiters are assigned to RU Support Center New York, commanded by CDR Ronald D. Biller. As an Annex of the New York Recruiting office, the new office will be open every Saturday from 8 a.m. to 4 p.m. This new scheduling will be more convenient for persons who are unable to reach a recruiter during the week. A

CG recruiting office staffed by regulars is also open weekdays, 8 a.m. to 4 p.m., and is located at Battery Park in Lower Manhattan. For further information, call (212) 668-7775 on Saturdays or (212) 668-7036 weekdays.



### Coast to Coast Goal

*It is our goal to try to print something from each district in Coast to Coast Reserve each issue. Why not drop us a note on what's happening in your area? Deadline for the June issue is Friday, April 26, 1991.*



## Remembering Pearl Harbor



Photo by PA3 Edward R. Kamp, RU First District Office

**A color guard comprised of four CG Reservists (RKs) were on hand for a Pearl Harbor Day commemoration at the Massachusetts State House Hall of Flags in Boston Dec. 9. Color guards from all the services were present. Representing the CG were left to right: SA Kenneth Hall of Boston; SN Robert Breault of Pelham, N.H.; MKC John C. Flynn, RK trainer; SN Jessy Melowicz of Revere, Mass.; and SN Brandon Arakelian of Seabrook, N.H.**

## 5th District



### Holiday party eases Desert Shield concern

By PA3 Pamela A. Sanders, RU Washington

ALEXANDRIA, Va. — RU Washington used a holiday program to address family members' concerns about deployment and Operation Desert Shield.

LCDR Sharon J. Armstrong, CO of RU Washington, welcomed and greeted all of those attending the Dec. 16 gathering at the Anchorage Club, Information Systems Center. She then went on to explain the mission of the Coast Guard, what reservists do on their drill weekends, and the impor-

tance of the family in the way of morale, support and encouragement. But that was only just for starters...then the *real* show began!

LCDR Rosemary Pezzuto, RU Washington's Training Officer, put on a puppet show behind the theatre built by DCC Charles F. Satterfield, to address the concerns that children and their parents had expressed about deployment. At times during the show, it was difficult to tell who was having more fun — the adults or the children.

After the show, PSC Kenneth L. Jones, a fire chief in civilian life, donned his firefighting gear to give a fire safety presentation. Chief Jones said that one of the goals of the presentation was to teach children what firefighters look and sound like when fighting a fire. He said that children sometimes become frightened by the appearance and sounds firefighters make during a rescue and have hidden from them.

But what holiday program would be complete without the appearance of Santa? He took time out of his busy holiday schedule to "lend a lap."

"It's neat to show the kids what their moms and dads do, not just that they go away and leave them for the weekend," said SN Suzanne M. Roesse. "I thought it was great for the kids and really nice for the families."



Photo by PA3 Pamela Sanders, RU Washington

**PSC Kenneth L. Jones gives a fire safety presentation at a holiday party planned to ease concern over Desert Shield. LCDR Rosemary Pezzuto, sitting third from right, acted as puppeteer.**

## 7th District



### New Aviation RESGRP flying high

By PA2 E.J. Kruska, G-RS-1

**SOUTHEASTERN UNITED STATES** — The first Reserve Group in the history of Coast Guard Reserve aviation was commissioned Dec. 1, 1990.

CAPT Paul Ibsen and CDR Greg Chapman are Commander and Deputy Group Commander, respectively, of Reserve Group Southeast United States — Aviation.

The new Group is comprised of Reserve units from Air Stations Clearwater, Savannah and Miami. Commanding Officers of these units are CDR Allen R. Shoaff, RU Air Station Clearwater; LCDR David B. Norris, RU Air Station Savannah; and CDR Brad C. Herter, RU Air Station Miami.

CAPT Ibsen says that up until the formation of the new Group, the three Reserve units had operated independently of each other and they had no

*Continued on next page*



*Continued from previous page*

commonality of mission. Though Miami and Savannah have been in existence for almost 30 years, this is the first time their mission is focused, that being augmentation during peacetime and surge operations as well as the formation of a C-130 squadron.

The new Group has already been tested, so to speak.

When active duty personnel from Air Station Clearwater deployed to the Persian Gulf recently with two C-130s, Reserve personnel stepped in to keep a normal operational tempo at the Air Station. Also, at St. Augustine's Golden Jubilee celebration fly-over in mid-February, the pilot and co-pilot of the C-130 were reservists from Air Station Clearwater.

If you have an aviation background or are interested in becoming a member of the new Group, please write: Commander, RESGRP Southeast United States — Aviation, C/O CGAS Savannah, Hunter AAF, Savannah, GA 31409.

Congratulations and the best of luck to Reserve Group Southeast United States — Aviation!



was the return of "Clarence the Clown," otherwise known as DC3 Harold Krotzer. "Clarence" is well known for his dazzling performances in front of civic groups and private parties. His performance at this year's party drew rave reviews from the kids, who sent a big thank you note and will surely remember that day as one of the bright spots in their Christmas holiday.



## Pilot program places Chiefs as RU OinCs

By YN2 Robert Hanley, D11(rsm)

SAN FRANCISCO — When fighting broke out in the Persian Gulf in mid-January, one of the first casualties of the war was the watchbill at Coast Guard Station Mare Island.

The Bay Area small boat station suddenly was called upon to provide two vessels to enforce a 24-hour security zone at nearby Naval Weapons Station Concord — double the normal work load.

BMC Benjamin Amparo, Officer-in-Charge, telephoned BMCS David Abbott, OinC of RU Station Mare Island. Before long, reservists began arriving to take up the slack.

Solving problems chief-to-chief is the goal of an 11th District pilot program aimed at putting E7s, E8s and E9s in charge of Reserve units that augment active-duty commands led by chiefs.

Except for CGRU Station Mare Island, with a complement of 12 enlisted reservists, a Reserve OinC and a Reserve Executive Petty Officer, all 11th District Reserve units currently are commanded by commissioned officers. And it is not uncommon to find a lieutenant commander or commander in charge of a Reserve unit that augments an active-duty station commanded by a chief petty officer.

So far, BMCS Abbott is the only Reserve OinC in the 11th District.

But more are coming, said CAPT Robert Ross, Chief of the 11th District Readiness and Reserve Division. CAPT Ross said enlisted OinCs this year will assume command of CGRU Station Golden Gate, which consists of 14 enlisted reservists led by a lieutenant commander, and CGRU Station Rio Vista, which has a complement of 33 enlisted reservists commanded by a lieutenant.

"Those two for sure we'll start this summer," CAPT Ross said. "And what's in the future? We've already begun a Warrant Officer interface program at CGRU Station Bodega Bay, where we have a Reserve BOSN-3 in command of 18 enlisted reservists."

Enhancing communications between active-duty commands and the Reserve units that augment them is one of the principal goals of the OinC program, CAPT Ross said. "The interface between a regular OinC and a Reserve OinC is more comfortable," he said.

BMCS Abbott, a Coast Guard Reservist since 1976, said putting a chief in charge also can strengthen the relationship between an active-

duty and Reserve unit, because chiefs frequently share operational experience as coxswains, engineers and boarding officers.

"And I think the active-duty chiefs are a little more comfortable

*"...putting a chief in charge also can strengthen the relationship between an active-duty and Reserve unit."*

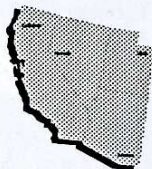
working with chiefs, because we know their needs and because we have come up through the ranks," he added.

BMC Amparo, who has been OinC of Station Mare Island since it was recommissioned in 1989, said he and BMCS Abbott share a close informal working relationship.

"I call him and he calls me, and we talk about what's going on," he said. "It doesn't matter what time it is."

And the benefits of the OinC Program do not end with improved communications, noted LTJG Cal Brown, 11th District Chief of Reserve Training. Replacing a commissioned

## 11th District



### It was a Magic Day in Monterey

By LT Patricia C. Hammar, RU Monterey

MONTEREY, Calif. — Members of RU Monterey hosted their fifth annual Christmas party Dec. 15 for the Boys and Girls Club of Monterey.

Commanding Officer LCDR Andrew McDonough explained that the idea for the party came from the members' desire to give to those less fortunate than themselves. Unit members brought in gifts which were distributed by Santa (alias SS3 Foskett), and then treated the kids to a boat ride on one of the station's 41-footers. The highlight of the party



officer with an enlisted OinC frees the officer to augment at his or her mobilization site, LTJG Brown said.

"It may not sound like a big deal, but it is," LTJG Brown said. "A lieutenant commander who is running a small boat station won't get mobilized to a small boat station."

Prospective Reserve OinCs are screened by a board consisting of the active-duty OinC, the 11th District Command Enlisted Advisor and the Reserve Group Commander to ensure the most qualified chiefs earn a command, CAPT Ross said.

The selection process gives the active-duty command a sense of "ownership" in the program, added CAPT Ross, who describes the OinC program as a unique opportunity for senior enlisted reservists who aspire to command.

"We wanted to give our chiefs a chance to demonstrate their leadership and initiative," he said. "It means doing more work for the same amount of pay, but the satisfaction they derive supplements their pay."

All E7s and above are eligible for the program, provided they have the operational experience necessary and an ability to command, said ENS Kelly Mason of the 11th District staff.

"Right now, we're looking at all ratings," she explained. "But you have to have experience on the boats, because that's what you're going to be doing."

But being the skipper also means being an administrator. Assisted by his Executive Petty Officer, MKC James Cruson, BMCS Abbott also has to deal with the paperwork.

"Here you've got an MK and a BM trying to do the Unit Attendance Record and putting the fires out, so it can be tough to supervise if you don't have a good yeoman working for you," BMCS Abbott said. "That's

one place where officers do better. They have more experience with administration."

Although there are plenty of Reserve chiefs in the 11th District, finding those with the right mix of operational expertise and administrative ability could be tough. Not every chief is cut out to be an OinC, said LTJG Brown.

"That's a concern. We have a lot of people, but it doesn't mean we're looking for somebody just above the grade," he said. "It takes a superstar to pull it off."



*YN2 Hanley was involuntarily recalled for Desert Shield/Storm in October of 1990. As a civilian, he is a staff writer for the San Diego Union.*

## Loading up in D11

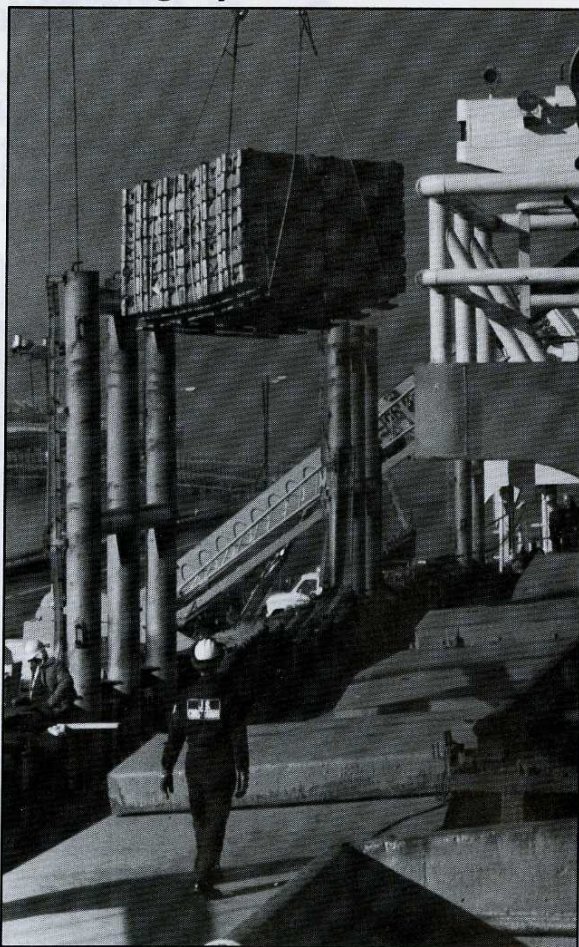


Photo by PAC Ron Cabral, D11 Public Affairs, North Region

*Coast Guard explosive loading supervisor PS2 Brian Monahan inspects a critical load about to be lowered into the ship's hold at Naval Weapons Station Concord. Monahan was called up for 180 days in support of Desert Storm/Desert Shield.*

## 14th District

### D14 loadout supports Desert Storm

By LCDR J.E. Litsinger, D14(rs)

HONOLULU, Hawaii — Desert Shield/Storm loadout activities weren't taking place only in CONUS. D14 reservists provided over 2,600 mandays of TEMAC and ADT operation augmentation to D14 commands in support of Desert Storm. Twenty-two reservists from Hilo, Honolulu and Guam were involuntarily called to active duty at MSO Guam. They provided explosive loading supervision for a massive outload of Air Force munitions, to support B-52 bombing of Iraq's army.

D14 reservists also supervised explosive outloads from Pearl Harbor and provided armed-security watches at the large Coast Guard Family Housing complex in Honolulu. Altogether, over 58 D14 reservists (26 percent) participated in Desert Storm support operations.



### CGR Flag visits D14

HONOLULU, Hawaii — RADM G.R. Merrilees, Senior Reserve Officer/PAC Area, visited D14 for a week in February. He met with over 150 reservists on the Islands of Oahu, Maui and Hawaii, and discussed various Reserve Program issues, including Desert Storm support ops, presented numerous awards and participated in a two-day workshop.



### PERSRU excellence!

HONOLULU, Hawaii — The D14 Reserve PERSRU received a Certificate of Excellence from CG Pay and Personnel Center for having the best overall PMIS data accuracy rating (99.4 percent), of all Reserve PERSRUs for 1990. Using TQM principles, YNC Ray Davis and his team, made up of active duty YNs and reservists from RESGRP D14, have consistently worked to improve service to their customers — the Reserve and active commands in D14.







# First Call...

## U.S. Savings Bonds: Always Ready for your future

By LCDR Garry A. Domnisse, G-RSM-1

The Coast Guard Reserve isn't the only one celebrating its Golden Anniversary this year. It's also number 50 for the U.S. Savings Bonds Program, and over 55 million Americans are celebrating. Why? Because Savings Bonds are one of the most sound, secure, affordable investments that a person can buy. The following are a few ways that U.S. Savings Bonds will help you be "always ready" for your future:

- **Tax Benefits:** U.S. Savings Bonds are only subject to Federal IRS taxes, and taxes can be deferred until the bond is redeemed. U.S. Savings Bonds are exempt from state and local income taxes.

- **Low Risk:** You incur virtually no risk. Your investment is backed by the U.S.

Government.

When held for five years or more, U.S. Savings Bonds pay a guaranteed rate of six percent no matter what the market does. If the market rises, the interest rate on Savings Bonds can also rise — for example, they currently earn about seven percent.

- **Educational Benefits:** Series EE Savings Bonds purchased after January 1990 are tax free when used to pay for college education costs for either you or your children. Since certain restrictions apply, contact your Savings Bonds canvasser, or your payroll expert for more details.

Eligibility for the Coast Guard Savings Bonds Campaign is contingent upon a member's eligibility to set up a payroll allotment. Bond allotments are not available to Reserve members unless they are paid under the JUMPS system and are on Extended Active Duty (EAD). If you are on EAD, long-term TEMAC, or work for a participating civilian employer, then use the payroll savings allotment method.

Reservists not eligible for payroll deduction through the Coast Guard pay system may still be able to

participate if their employer maintains a payroll savings plan. And if there is no payroll savings plan in the work place, then bonds can be purchased "over the counter" at banks or other financial institutions.

For as little as \$25 per month — or roughly what it costs a couple to go out for a light dinner and a movie — you can ensure your family's long-term financial strength.



## Idea Express: You Really Can Make A Difference



By LT Thomas O. Graham, G-CPE-3

Welcome to the world of the Coast Guard's exciting new suggestion system, Idea Express! The program began last year and has received over 2,400 ideas, with nearly 350 ideas adopted.

Idea Express provides an easy method for your ideas to reach top management, receive a fair and detailed evaluation, and possibly be implemented into our way of doing business. It really does work by providing you an opportunity to change and improve the Coast Guard.

Here's all you need to do to get your ideas rolling. First, get an Idea Express folder (CG-5516) from a suggestion box at your command or from your local suggestion office. Fill out the "suggestor" (blue) section of the folder, attach your idea, forward it to your supervisor, and you're done! Your idea will then be forwarded to a local suggestion office where an evaluator will be assigned to review it. The evaluator will be in touch with you to discuss your idea fully.

If your idea affects the entire Coast Guard or federal government, the local suggestion office will send it to Headquarters and we will assign an evaluator. When finished, the evaluator will provide a written narrative of the evaluation and determine if your idea should be adopted or not. If the evaluator decides to adopt your idea, it will be implemented and you can expect an award in the very near future.

All adopted ideas will result in an award to the suggestor. If your idea provides tangible savings, you can receive 10 percent of the savings, up to \$25,000. Awards over \$25,000 are subject to presidential review. If your idea has an intangible saving value, you still get an award, based on the significance of the contribution and the importance of the program affected. You get paid for your adopted ideas! Evaluators receive monetary awards too.



**U.S. SAVINGS BONDS**





# ...to Quarters

This year, a mini-maglite is being given to each suggester for the first ideas submitted. When the Coast Guard adopts your first ideas, you will also receive a beautiful custom watch with the Coast Guard insignia on it. Best of all, of course, is that you can change the Coast Guard with your ideas.

In FY90, the Idea Express totals were:

|                         |              |
|-------------------------|--------------|
| Ideas Received          | 2,345        |
| Ideas Adopted           | 348          |
| Adoption Rate           | 19.1%        |
| Average Processing Time | 62 days      |
| Total Awards Paid:      | \$195,870    |
| Average Award:          | \$563        |
| Total Savings:          | \$10,127,876 |

All active military, civilian, ready reserve and retired Coast Guard employees are eligible to participate in Idea Express. Active duty military, active Reserve, and civilian employees of the Coast Guard are eligible for cash awards. Retired and inactive personnel are eligible for honorary awards.

For more information on Idea Express, refer to COMDTINST M5305.4C or call your Local Suggestion Office. You may also contact LT Thomas Graham at Commandant (G-CPE-3), FTS 267-2773, or Commercial (202) 267-2773.



## National Defense Ribbon

ALDIST 035/91, COMDTNOTE 1650 authorizes the wearing of the National Defense Service Medal (NDSM) by members of the U.S. Armed Forces serving on active duty after Aug. 2, 1990.

Therefore, Coast Guard personnel are authorized to wear the NDSM subject to the provision of Article 5-B-10 of the Medals and Awards Manual, COMDTINST M1650.25. As *The Reservist* went to press, the termination date had not been determined.

The NDSM ribbon bar may be purchased commercially and worn immediately. However, due to the significant demand for this medal by all five military services, current inventory cannot meet all needs. Therefore, a delay of up to 12 months may be expected before the large medal is available for initial issue. A bronze service star shall be worn on the suspension ribbon of the medal and on the ribbon bar by personnel who were previously awarded the NDSM.



## Gain credit: attend a USNI seminar

CGR personnel may now receive credit for attending U.S. Naval Institute seminars. Contact: USNI, Annapolis, MD 21402-1382. (301) 268-6110.



## Nationwide Long-Term TEMAC/SADT/EAD

As of 3/22/91

| Place   | Duration                  | Rate     | Quals   | Point of Contact               |
|---|---------------------------|----------|---|--------------------------------|
| Various Units   | 2 years EAD               | E4-E6    | QM's only   | QMCS Martin, (202) 267-2656    |
| HQ (G-RSM-3)  | 18 months                 | E4-E5    | PDR, JUMPS  | LT Mathewson, (202) 267-0551   |
| RTC Yorktown  | 41 days(starts May 12)    | EM2-EM3  | SBC/SBX/BM"A", School Supt.                                     | LT Hurley, (202) 267-0629      |
| RTC Yorktown  | 98 days(starts April 28)  | BM2-BM3  | SBC/SBX, BM"A", School Inst/Supt.                               | LT Hurley, (202) 267-0629      |
| RTC Yorktown  | 104 days(starts April 21) | GMC-GMCM | Small Arms Inst./HH Code  | LT Hurley, (202) 267-0629      |
| RTC Yorktown  | 104 days(starts April 21) | PS1-PSCM | Small Arms Inst./HH Code  | LT Hurley, (202) 267-0629      |
| TRACEN Cape May   | 89 days (starts July 1)   | GM1-GM2  | Recruit Trng./HH Qual. Code                                     | LT Hurley, (202) 267-0629      |
| HQ(OLE-1)   | 90 days                   | O2-O4    | Program/Budget Anlys.   | LCDR Goodchild, (202) 267-6871 |
| HQ (G-PIM-2) (2 billets)                                    | 273 days                  | E3-E5    | Std Terminal/Gen. Admin.  | YNCS Johnson, (202) 267-1623   |
| MLCLANT(TES)  | 360+ days                 | O3-O4    | IRM Planning mandatory  | CDR Ashforth, (212) 668-7991   |
| R&D Center, Groton, CT                                      | 180 days                  | O3       | Admin/Science   | LCDR Brynn, (203) 445-2714     |
| HQ (ENE-3B)   | 90 days                   | O2-O4    | 210/378 DC/Eng. experience                                      | Mr. Caso, (202) 267-2052       |
| HQ (MEP-1)  | 6 months                  | O3       | M background  | LT Brown, (202) 267-0422       |
| HQ (MEP-1)  | 6 months                  | YN1      | Admin.  | LT Brown, (202) 267-0422       |
| CGD9 SAR Stations   | 30-130 days (Summerstock) | E2-E7    | BM, MK, SN, FN, SS, SK  | YN1 Kelly, (216) 522-3940      |
| OPS Computer Center NY                                      | 6 months                  | E4-O3    | Various* (See line below)                                       | YNC Gunnell, (212) 668-6368    |
| * Data Coms Analyst, Prime Systems Administration, Fortran  |                           |          | Programmers, AMVER Quality Assurance, Computer Specialists      |                                |
| NPFC Ballston, No. Virginia                                 | 1 year                    | E5-O5    | Various** (See line below)                                      | CDR Meyers, (202) 267-0980     |
| **CDR (Policy & Coord.), LCDR (Personnel & Trng Branch), E7 |                           |          | (Case Mgmt. team), PA1 (External Affairs), E5 (Case Mgmt. team) |                                |
| NPFC Ballston, No. Virginia                                 | 60+ days                  | E4-E6    | SAMPS Experience, RM pref.                                      | LT Baker, (202) 267-6776       |
| EECEN NJ, Wildwood, NJ                                      | 120 days                  | E4-E6    | ET  | YNC Kayati, (609) 523-7238     |
| MLCPAC (TES)  | 140+ days                 | ETC-O3   | Electronics/Pro. Manager  | LT Hood, (415) 437-3372        |
| RMSA Alameda, CA(2 billets)                                 | 1 year                    | YN1-YN3  | PERSRU Exper., DRMS, PMIS                                       | LTJG Reynolds, (213) 499-5439  |
| RMSA Alameda, CA  | 1 year                    | SK2-SK3  | LUFS, DAFIS, Supply ordering                                    | LTJG Reynolds, (213) 499-5439  |



# RETIREMENT: Figuring Your Points



By LT Kim Pickens, DII(rdi)

*Editor's note: This is the second in a series on retirement. The first, in the February/March issue, was a general overview of Ret. I, II and III status. The following will hopefully give the CG Reservist a grasp on how to figure those retirement points. Future articles will deal with "Retired Pay: How to estimate your future earnings" and "The Reserve Component Survivor Benefit Plan."*

**Y**ou may not be concerned about retirement points right now. Retirement may be the last thing on your mind at this point in your life. But if you are a "career" reservist or are considering it, take some time today (how about right now?) to look over your annual points statements to make sure you have been credited with all the retirement points you're due.

As you look over your annual points statements, check to see that your pay base date (PBD), birthdate and anniversary date are all correct. Your pay base date may or may not be the same as your anniversary date. Before we continue, here are a couple of definitions:

✓ **Pay Base Date (PBD):** A date that provides a base point from which service for pay purposes may be readily computed. For persons with unbroken service, no matter how many active duty or Reserve components a particular member has served in, the pay base date remains that date on which the member first enlisted in the armed forces. For persons with one or more periods of broken service (where enlistment has expired for more than 24 hours), the pay base date is constructed or "made up" by adding together all the days the member served in any of the armed forces, active duty and Reserve. Then, a date is calculated that would account for all of those days if the member had served them in unbroken rather than broken service.

✓ **Anniversary Year (A/Y):** A period extending from the date the person entered or re-entered the Coast Guard Reserve (anniversary date) to the day preceding the date of entry or re-entry for the purpose of determining a satisfactory year of federal service for retirement. Your anniversary year is an important consideration where points are concerned. In order to achieve what's called a "satisfactory year for retirement purposes," you must accumulate a total of 50 points within that anniversary year. Normally, that's not a problem for reservists who are drilling regularly.

## Example Number One

But let's just say, as an example, you miss two months worth of drills at the beginning of your anniversary year due to travel with your civilian job. Then say you miss another month due to illness and one other Saturday near the end of your anniversary year due to another job

conflict. Let's also pretend that you schedule your annual training for a period which actually starts after your anniversary year ends (normally not a problem; as a reservist, you generally have a "window" of 120 days on either side of your anniversary date in which annual training can be credited to either anniversary year). Let's see how your anniversary year comes out in black and white:

|                        |  |
|------------------------|--|
| IDT drills             | 34 points                                |
| Correspondence Courses | 00 points                                |
| Membership Points      | 15 points                                |
| <u>Active Duty</u>     | <u>00 points</u>                         |
| Total                  | 49 points for the given anniversary year |

That total of 49 points is not enough for a satisfactory year of federal service for retirement purposes. While the points themselves count toward retirement, the anniversary year does not. Barring any other "unsatisfactory" years, you would have to serve 21 years of service in order to achieve 20 years of satisfactory federal service for retirement in this case.

## Example Number Two

Let's take a more typical (and much happier) example to see how the retirement point system usually works. BM3 Rightaway, a diligent reservist, attended 48 drills, performed 13 days of annual training and completed a six-point correspondence course. Excluding for a moment her ADT points, we come up with the following:

|                        |                  |
|------------------------|------------------|
| IDT drills             | 48 points        |
| Correspondence Courses | 06 points        |
| <u>Membership</u>      | <u>15 points</u> |
| Subtotal               | 69 points        |

Now for the confusion factor. The maximum number of points that can be credited for retirement by law in any given anniversary year, **exclusive of active duty**, is 60. When this subtotal is adjusted by adding the 13 points BM3 Rightaway earned for annual training, we come up with this:

|                              |                  |
|------------------------------|------------------|
| Points to be credited by law | 60 points        |
| <u>Active Duty</u>           | <u>13 points</u> |
| Total                        | 73 points        |

Now, let's say BM3 Rightaway's Anniversary Year ends in April and she performed her annual training in February. Her annual point statement would look like the one on the top of the next page.

About three months after the end of your anniversary year (A/Y), a *Coast Guard Reserve Annual or Terminal Statement of Retirement Points* (CG-4175) is generated



# RETIREMENT: Figuring Your Points



## U.S. Coast Guard Reserve Retirement Points Statement (CG-4175)

| SOCIAL SECURITY NUMBER  | PAY BASE RATE |                  |     | BIRTH DATE   |     |   | OFFAC    | ANNIVERSARY DATE    |     | REASON<br>(See Below) | SATISFACTORY FEDERAL SERVICE AND RETIREMENT POINTS FOR INCLUSIVE PERIOD: |  |                                   |   |                |
|---|---------------|------------------|-----|--------------|-----|---|----------|---------------------|-----|-----------------------|--|--|-----------------------------------|---|----------------|
|   | MO.           | DAY              | YR. | MO.          | DAY | YR.   |          | MO.                 | DAY |                       | FROM   | TO                                     | YR.                               | MO.   | DAY            |
| 000000000   | 04            | 15               | 89  | 05           | 08  | 71  | 03-85555 | 04                  | 15  | 1                     | 04/15/90   | 04/14/91                               |                                   |   |                |
| DRILLS APPROPRIATE DUTY AND E100  | JAN           | FEB              | MAR | APR          | MAY | JUN   | JUL      | AUG                 | SEP | OCT                   | NOV  | DEC                                    | SATISFACTORY SERV. THIS PERIOD    |   |                |
|   | 04            | 04               | 04  | 00           | 04  | 04  | 04       | 04                  | 04  | 04                    | 04   | 04                                     | 48                                | TOTAL POINTS FOR DRILLS APPROPRIATE DUTY AND E100 |                |
| ACDUTRA AND ACDU  |               |                  |     |              | 00  | 00  | 00       | 00                  | 00  | 00                    | 00   | 00                                     | 13                                | TOTAL POINTS FOR ACDUTRA AND ACDU                 |                |
|   | 00            | 13               | 00  | 00           |     |   |          |                     |     |                       |  |  | 15                                | POINTS FOR MEMBERSHIP                             |                |
| BM3 I. Rightaway<br>132 South Street<br>Anywhere, USA 00000             |               |                  |     |              |     |   |          |                     |     |                       |  | CORRESPONDENCE COURSES COMPL. THIS YR. |                                   |   |                |
|   |               |                  |     |              |     |   |          |                     |     |                       |  | 06                                     | POINTS FOR CORRESPONDENCE COURSES |   |                |
|   |               |                  |     |              |     |   |          |                     |     |                       |  | 82                                     | TOTAL POINTS                      | 73  | ADJUSTED TOTAL |
| ACCUMULATED TOTALS  |               |                  |     |              |     |   |          |                     |     |                       |  |  |                                   |   |                |
| RETIREMENT POINTS   |               |                  |     |              |     | SATISFACTORY FEDERAL SERVICE FOR RETIREMENT   |          |                     |     |                       |  |  |                                   |   |                |
| PRIOR POINTS  |               | PTS. THIS PERIOD |     | TOTAL POINTS |     | PR OR SERVICE   |          | SERVICE THIS PERIOD |     | TOTAL SERVICE         |  |  |                                   |   |                |
| 073   | 073           | 146              | 01  | 00           | 00  | 01  | 00       | 00                  | 02  | 00                    | 00   |  |                                   |   |                |
| DEPARTMENT OF TRANSPORTATION<br>U.S. COAST GUARD<br>CG-4175 (Rev. 2-73) |               |                  |     |              |     | COAST GUARD RESERVE ANNUAL OR TERMINAL STATEMENT OF RETIREMENT POINTS<br>PREVIOUS EDITIONS ARE OBSOLETE |          |                     |     |                       |  |  |                                   |   |                |

- Our records show you have earned the retirement points indicated during the anniversary year shown. If you believe this statement to be incorrect detailed justification should be submitted within 90 days of receipt. Upon verification, a corrected statement will then be issued.
- This statement is furnished for the reason stated above.
 

|  |  |
|--|--|
| (1) Annual Statement                   | (5) Corrected Annual Statement                   |
| (2) Separation                         | (6) Corrected Separation                         |
| (3) Entered Active Duty                | (7) Corrected Entered Extended Active Duty       |
| (4) Transfer to ISL or Retired Reserve | (8) Corrected Transfer to ISL or Retired Reserve |
- If Adjusted Total This Period is not 50 points, your anniversary year was unsatisfactory Federal Service for Retirement.
- No more than 60 points, exclusive of those earned by extended active duty or active duty for training, may be credited in a full anniversary year for computing retired pay. If period covered is less than a year, points credited will be for the proportionate part of the year. Example: period of 9 months earned points creditable would be 45. The column "Adjusted Total" reflects this adjustment, if any.

*This is BM3 Rightaway's CG-4175 as described in example two. It is a reduced CG-4175 as the actual size is six by six and one quarter inches.*

from the computer which reflects your past anniversary year's performance. This three month time delay is built in the computer in order to allow for the normal processing of points accumulated during your anniversary year.

### Example Number Three

Let's take another example to see how your anniversary date can affect your annual point statement.

MK2 Barque is a hard-working reservist and attends 48 drills during his A/Y. He begins his annual training for A/Y 1991 on 26 June 1991 for 12 days. His A/Y ends on 30 June. Here is what his annual retirement points will look like for 1991:

**IDT Drills 48 points**  
**Correspond. 00 points**  
**Membership 15 points**  
**Subtotal 63 points**  
**Points to be credited:**  
**By Law 60 points**  
**Active Duty 05 points**  
**Total 65 points**

As you can see, five of MK2 Barque's 12 days' annual training will count for A/Y 1991; the other seven will be credited to A/Y 1992.

During his next anniversary year, MK2 Barque again attends all his drills, but completes his annual training before the end of his A/Y. Here's what his annual point statement will look like for 1992:

**IDT drills 48 points**  
**Corresp. 00 points**  
**Membership 15 points**  
**Subtotal 63 points**  
**Points to be credited:**  
**By Law 60**  
**Active Duty 19**  
**Total 79**

For retirement purposes, MK2 Barque has earned a "satisfactory year" of federal service in both 1991 and 1992, but the points earned for retirement are credited only in the anniversary year in which they are actually performed. In the case of correspondence course points, credit would be given based on the date given on the course completion letter.

### A satisfactory year: retirement vs. training purposes

Keep in mind, however, that a "satisfactory year" for retirement purposes is not the same as a "satisfactory year" for training purposes. It's easy to get the two confused.

For purposes of satisfactory participation standards (training), annual training which ends no earlier than 120 days prior to the beginning of the next A/Y may be credited to either anniversary year (but not both) in order

*Continued on next page*



## RETIREMENT: Figuring Your Points



### Continued from previous page

to meet annual participation standards for a given year.

Conversely, annual training which begins not later than 120 days subsequent to the end of the previous anniversary year may be credited to either anniversary year (but not both) to meet annual participation standards for a given anniversary year. In other words, you have a "window" of 120 days on either side of your anniversary date (240 days altogether) in which any annual training you perform can count for participation in either anniversary year.

The 12 days of annual training MK2 Barque performed in June and July of 1991 will satisfy his annual training requirement for his A/Y ending 30 June 1991. The remaining active duty he performed during his next anniversary year will satisfy his annual training requirements for A/Y 1992.

### Correcting a Point Statement

Now, let's get back to those annual point statements you have in your hands (you did get them out to look over, didn't you?). Do you have all the point statements you should have for each year you've been in the Coast Guard Reserve? Does the information on each one look right to you?

What about that correspondence course you completed during your last anniversary year? Ah, you say the points are missing, eh? OK, well here's what you need to do:

Send a letter to Commandant (G-RSM-3) via the chain of command stating the error and enclosing all pertinent documentation (in this case, a copy of your correspondence course completion letter along with a copy of the point statement in question). A Rapidraft is fine. When Commandant receives your letter, G-RSM will code the proper entries into the computer to update your record, and then issue you a corrected point statement.

Now, this whole thing gets a bit stickier if the error occurred a few years back. Those errors have to be corrected by hand, and corrected points statements for that and each subsequent anniversary year then issued. This kind of correction can take literally *months* to be resolved, which is one good reason for you to check over your point statement as soon as you get it each year.

### Statement of Creditable Service

Let's say you spent several years in the Navy and the Navy Reserve before transferring to the Coast Guard Reserve, and now you're wondering if you received all the retirement points due you for your prior service.

Somewhere in your service record you should have what's called a *Statement of Creditable Service*, which was generated sometime after you joined the Coast Guard Reserve from whatever component you previously served in. This statement shows all prior active and inactive duty, with what component it was done, and a total amount in years, months and days of satisfactory

federal service.

You may also have a *Computation of Retirement Point Credits*, a real nifty little document which spells out line by line each and every retirement point earned for each anniversary year in every active duty and Reserve component you have served in.

If you are prior service and don't have a *Statement of Creditable Service* somewhere in your record, you should request one by letter via the chain of command to Commandant (G-RSM-3). Check your statement to ensure all periods of active and inactive duty are included.

If you have had some periods of broken service or happen to be some sort of service groupie, hopping from one service to another, you should also request a *Computation of Retirement Point Credits*. This one will take some months to get back to you, but can really help you pinpoint errors if your service history is rather complicated.

### It's up to you!

The bottom line is this: **You** are the one with the greatest interest in seeing that you get all the retirement points that are properly due you. Don't get "ripped off" of retirement points you worked for and earned. Check your annual point statements carefully and report any errors, backed up by documentation, to Commandant (G-RSM) via the chain of command.

Be sure to consider your anniversary date when you schedule your annual training. Make sure your scheduled annual training will satisfy your annual training requirements and will not jeopardize your chances of receiving a satisfactory year of federal service for retirement purposes.

Ask questions of your training, administrative or commanding officer if things just don't look quite right to you. Remember, they aren't the ones who have the most interest in your retirement. The one who has the **most** interest is **you!** You worked hard for your retirement points. You've earned them. Enjoy them!



### Clarification: Space A for Ret-1s

In the February/March 1991, Page 24, we reported that Ret-1s were entitled to Space Available travel anywhere and that this included their spouse and dependent children. We checked with *Military Living*, Andrews AFB and the CG Retirement office and the statement made is true for the Ret-1 himself, who can travel OUTCONUS or INCONUS. However, spouses and dependents under 21 can travel to and from OUTCONUS locations only and they must be accompanied by their sponsor. Other technicalities do exist. You may want to consult: *Retired Military Almanac*, published by Uniform Services Alamanac Inc. or *Military Living's Space A: Air Opportunities Around the World*, available at military exchanges or write: *Military Living*, P.O. Box 2347, Falls Church, VA 22042.



# Fit for Duty — Fit for Life



## What Is Fitness? *Your Personal Plan For Total Fitness*

**F**itness. It's a much-confused term.

To some, it means being trim or muscular. But, total fitness is more than that — it means keeping your body machine in top working order. A total physical fitness plan includes two types of exercise — aerobics (which exercise large muscle groups and increase your body's ability to use oxygen) and conditioning exercises (which improve muscle flexibility and strength).

### **Aerobics: Core of your program**

Your heart pumps oxygen-rich blood to the rest of your body. And, since the heart itself is a muscle, it needs exercise to maintain strength and endurance. Aerobics exercise your heart by helping it reach and maintain a Target Heart Range (TARGET HEART RANGE) for at least 20-30 minutes. Your TARGET HEART RANGE is the safest range of heartbeats per minute during exercise. (The chart at right shows approximate THRs for various age groups). Activities such as swimming, walking, jogging, running, and handball are all aerobic.

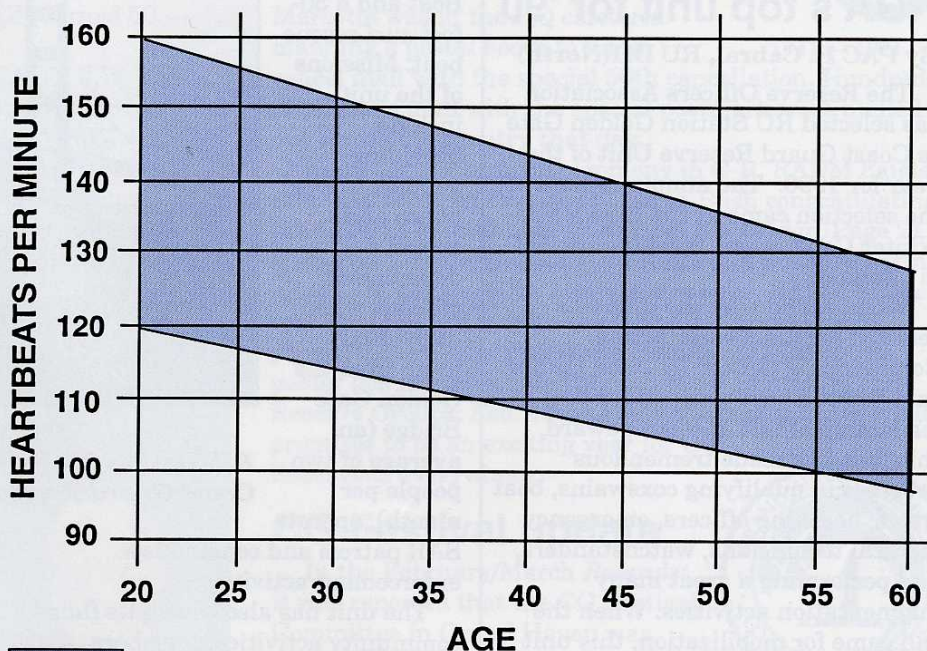
### **Conditioning exercise: for flexible, strong muscles**

Conditioning exercises improve flexibility and muscle strength. Muscles help you move, and also support all the bones in your body. Stiff, weak muscles can limit movement, fail to support the rest of your body, and may make it hard to maintain a vigorous activity long enough to reach your TARGET HEART RANGE. Stretching exercises improve flexibility, while "resistance" exercises (such as push ups) build muscle strength.

### **A healthy lifestyle**

Fitness also includes weight control, proper nutrition, and stress

**Your Target Heart Range**



**Range of Target Heartbeats**

*Aim for the low range of your Target Heart Range when you first begin your aerobic fitness plan. Gradually work up to the higher range as you become more physically fit. Remember, though, if you are a smoker, suffer from a chronic medical condition or have a personal or family history of heart disease, check with your health care professional before starting any exercise program.*

reduction. Becoming fit is saying "yes" to life and "no" to unhealthy habits such as smoking and alcohol and drug misuse. A total fitness plan can improve both the quality and the quantity of the years ahead of you.

### **Starting your plan**

As you begin your fitness plan, pace yourself. Know your correct Target Heart Range and try not to exceed it. Choose activities you enjoy as your core aerobic exercises, and do a variety of conditioning exercises to improve flexibility and muscle strength. Finally, make healthy lifestyle choices to help yourself become healthy and fit.



### **Wellness pub distributed to D(r)s**



*for Duty — Fit for Life* publication includes information on a wide variety of health-related topics. Question? Call 1-800-283-USCG.

The USCG Wellness Publication COMDTPUB P6100.2 has been distributed to all district(r) offices. The 119-page *Fit*





# Tip o' the Hat

## RU STA Golden Gate ROA's top unit for '90

By PAC R. Cabral, RU D11(North)

The Reserve Officers Association has selected RU Station Golden Gate as Coast Guard Reserve Unit of the Year for 1990. The announcement of the selection came at the ROA's Mid-Winter Conference, Washington, D.C. in January.

When asked why the unit was selected for the award, acting Commanding Officer LT Jack Laufer said, "In the past year, under the leadership of LCDR Mike Seward, this unit has made tremendous progress in qualifying coxswains, boat crews, boarding officers, emergency medical technicians, watchstanders, and performing a great many augmentation activities. When the call came for mobilization, this unit sent 11 members to support security zone teams at Mare Island and Concord."

LT Laufer is acting Commanding Officer because LCDR Mike Seward, has been undergoing PSU replacement training at Camp Blanding, Fla. LCDR Seward was recently named the ROA's Outstanding Reserve Junior Officer for 1990 as well.

"Back in September," said Laufer, "we responded to a crisis that hit the regulars here at the station. One of the unit members was killed in a car accident and, to cover for the unit during the funeral, many of the reservists volunteered to come in on a no-pay basis. This allowed the regulars to pay their respects to their shipmate in person."

RU Station Golden Gate, formerly known as Station Fort Point, recently moved to its new location on the Marin County side of the Golden Gate Bridge. The unit augments regular station personnel on its drill weekend and operates two 44-foot patrol boats,

a 20-foot Rugged Hull Inflatable Boat and a 30-foot surf rescue boat. Missions of the unit include providing support to local police and sheriff's department officials when individuals jump from the Golden Gate Bridge (an average of two people per month), operate SAR patrols and conduct law enforcement activities.

The unit has also shown its flair for community activities. Members adopted an elementary school in Sausalito to help fight drugs and make the students aware of the Coast Guard's role.

BM3 Dave Wallace feels the unit richly deserves the ROA honor. "We worked really hard to earn this honor and put a great deal of work into improving our operational capabilities," he said. "We do a good job and have an outstanding relationship with our regular counterparts."

MK1 William Gregersen had similar feelings. "I'm new in the unit and am excited about being in it," said Gregersen. Everyone at the station is so proficient at what they do that it's difficult to tell the difference between the regulars and the Reserves.

LT Laufer summarized the feelings of the unit. "I'm pleased to be a member of Station Golden Gate, but feel it's only fair to point out that the ROA award we've received should be shared with the regulars. Our unit could not function without this very positive relationship."



Photo submitted by LCDR Michael R. Seward, RU Station Golden Gate

*RU Station Golden Gate has been selected as the ROA's Coast Guard Reserve Unit of the Year for 1990.*

## Awards & Medals

### CG Commendation Medal

LCDR Tim Lucas III, RU Hilo  
LT Bob Ludwick, RU MSO Honolulu  
PSC Johannes Verhaeg, Governor's Island

### CG Achievement Medal

CAPT Bob Frame, D14 RESGRP  
CWO Phil Mendel, RU MSO Guam  
YN2 Manny Aquiningoc, RU MSO Guam

### Commandant's Letter of Commend.

LCDR Dan Flood, D14 RESGRP  
DPC Allen Ashitomi, D14 RESGRP  
MKC Guy Pasco, RU Base Honolulu  
PSC Richard Pang, RU MSO Honolulu

## Taps...

• PS2 Steven Freed, 40, of RU Long Beach Island, N.J. passed away Jan. 11, 1991 in Bethlehem, Pa. PS2 Freed served in the U.S. Marines Corps, U.S. Coast Guard as well as the Coast Guard Reserve program the last six years. He had volunteered for Desert Storm and was due to report in a few weeks at the time of his death. He had been a member of the Bethlehem Police Department since February 1980. A service was held for PS2 Freed Jan. 14 in Bethlehem and he was buried in Bethlehem with full military honors. Coast Guardsmen from his unit were present at the service and provided an honor guard and rifle squad.



It's our 50th...

# GOLDEN ANNIVERSARY



## A Capital Celebration!



A special hand stamp cancellation ceremony, cake cutting and presentation of the CGR 50th Anniversary poster were the highlights at CG Headquarters the day the CGR turned 50 — Feb. 19, 1991.

In an 8:15 a.m. ceremony, ADM J.W. Kime, Commandant of the USCG, was presented with the first hand stamp cancellation envelope from RADM John N. Faigle, Chief, Office of Readiness and Reserve. CDR Robert Marcotte, CO of RU Support Center Boston and a postal employee who designed the 50th Anniversary hand cancellation, was present to affix the first cancellation.

## Brown bagging it in D13...

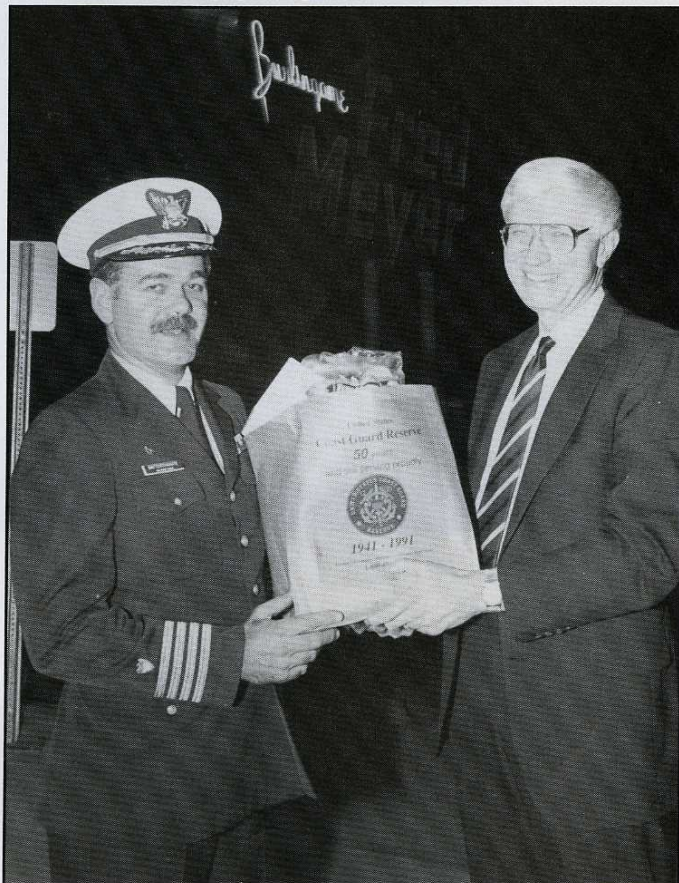


Photo submitted by D13(dpa).

*CAPT Steve Satterthwaite, left, CO of VTU Portland, Ore., and Cy Green, President of Fred Meyer Inc., display one of the 750,000 shopping bags that were imprinted with a commemoration for the CGR's 50th Anniversary. This presentation was made Feb. 11 at one of the Fred Meyer Inc. suburban Portland stores. Fred Meyer Inc. is a grocery and general merchandise department store in the Pacific Northwest.*

Also in attendance were approximately 100 HQ and G-R employees as well as RADM Bennett Sparks, USCGR(Ret.). Following the ceremony, CDR Marcotte was in the HQ cafeteria manning a postal booth to hand cancel mail with the special 50th cancellation. Hundreds of pieces of mail with the special postmark were mailed out across the country that day.

In an early afternoon ceremony in G-R, RADM Faigle read a letter from President George Bush congratulating the CGR on its 50th (see View from the Bridge, Page 2). ENS Phil Zarone, BMCN Paul Antic and Susan Watkins, all of G-R, cut the 50th Anniversary cake. RADM Faigle was then presented with the first 50th Anniversary poster, designed by PA2 Steve Blando of G-RS-1. The poster has since been distributed to all District(r) and Reserve Groups. Feb. 19 was only the beginning in what promises to be an exciting year for CG Reservists everywhere.

## CG Festival update

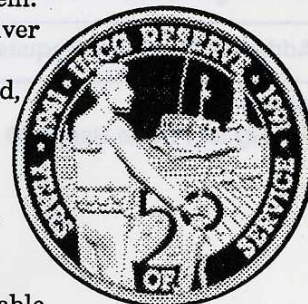
In the February/March *Reservist*, it was reported that the CG Festival Committee in Grand Haven was sponsoring a special reunion for CG Reservists in early August. Any individual interested in being a reunion coordinator for their Reserve unit should phone (616) 847-4501 (Grand Haven Group Commander). Leave your name, Reserve unit, phone number and address. You will be contacted by a CG Festival representative or you may also call the CG Festival Committee directly at (616) 846-5940.



## Special CGR coins / items

Special Coast Guard Reserve bronze and silver medallions are now available through Northwest Territorial Mint. The flip side of the coin shown below is inscribed with the CGR emblem.

Items available include: silver medallion in gift box, \$27.50; silver medallion, hand-painted, in gift box, \$34.95; bronze medallion in gift box, \$17.50; bronze keychain in poly bag, \$8.50; and a bronze keychain, hand-painted, in poly bag for \$12.95. All CG Bicentennial medallions are also still available.



For more information or to obtain an order form, contact: Northwest Territorial Mint, 295 East Main Street, P.O. Box 248, Auburn, WA 98071-0248 or call (206) 833-5777 or 1-800-582-4653. FAX (206) 833-5887.





## Commandant's Vision Statement



**T**he United States Coast Guard is committed to continuous improvement of its performance as the world's leading maritime humanitarian and safety organization.

We strive to be the armed force offering the most challenging and rewarding career for the young men and women of our nation while preserving and honoring those customs and traditions that have served the country so well in peace and war.

We are responsive to changing national priorities, willing to explore new areas of endeavor and striving to seek a balance in response to our traditional missions in support of national security, law enforcement, maritime safety, and environmental protection.

We are committed to providing for the welfare of our people and their families so that the Coast Guard can stand, always ready, to serve, protect and enhance our nation's maritime interests.

*J. William Kime*

U.S. Department of Transportation

**Commandant (G-RS-1)  
United States Coast Guard  
2100 Second St. S.W.  
Washington, D.C. 20593-0001**

**Address Correction Requested**

Official Business  
Penalty for Private Use \$300

FIRST-CLASS MAIL  
POSTAGE & FEES  
PAID  
UNITED STATES  
COAST GUARD  
PERMIT NO. G-157